

CURRICULUM VITAE

ASIMOPOULOS CHARIS

Professor of Social Work in Mental Health

**Department of Social Work
University of West Attica**

Email: chasimo@uniwa.gr

- Doctor of Philosophy (Ph.D), Department of Social Sciences and Humanities, Bradford University (UK)
- Graduated from the Department of Public Administration, Panteion University of Social and Political Sciences
- Social work degree from the Higher School of Social Work, Institution for the Development of Social Work (IAKE)

ACADEMIC WORK

-Professor of Social Work in Mental Health Department of Social Work - University of West Attica (former Technological Educational Institute of Athens).
-Head of the Department of Social Work, University of West Attica, Greece (2012-2016 / 2019-2023)
- Director of the Postgraduate Studies (Master of Science Course in Social Work with two subject routes: a. Clinical Social Work with Children, Adolescents, and Family and b. Community Social Work) of the Department of Social Work ,University of West Attica (2015-2019)

CLINICAL WORK AND RESEARCH EXPERIENCE

2016-2017	Scientific director of the "Action research program of Roma and Vulnerable Groups psychosocial needs of Western Attika and good practices for support and promotion of their social inclusion" implemented under the Programming Agreement of the Region of Attica and the Technological Educational Institute of Athens.
1986 - 2010	Clinical Social worker, Department of Child Psychiatry, "Agia Sofia" Children's Hospital
1990 - 2010	Head of the Centre for the Education and Psychosocial Support of Adolescents (KEPSYE), Department of Child Psychiatry, Athens University Medical School, "Agia Sofia" Children's Hospital. The centre is a psychosocial rehabilitation unit for adolescents with mental health problems.

1998 - 2010	Association for the Psychosocial Health of Children and Adolescents (A.P.H.C.A.): Coordinator and responsible for the planning, organisation and supervision of the implementation of programmes and units, including 2 hostels for people with mental health problems, 2 hostels for people with mental disabilities and mental health problems, 1 residential facility for children with mentally ill parents, 1 day centre for adolescents with mental health problems, 1 telephone helpline on issues relating to the mental health of children and adolescents, as well as research and education programmes.
2007	Member of the research-intervention team of the “Quality assurance-improvement program in psychosocial rehabilitation units” (2007) implemented by the Support and Monitoring Unit of the “Psychargos Programme-2nd Phase”, following a mandate issued by the Mental Health Department of the Ministry of Health and Social Solidarity.
2006	Member of the Greek experts team participating in “Atlas project: recording services and support resources for people with learning disabilities” (2006) carried out by the World Health Organisation in 181 countries.
2006	Member of the Greek participation, under the scientific direction of the psychiatrist Dr. Ath. Konstantopoulos, in the transnational European programme “Mental health promotion and mental disorder prevention across European Member States” (2006). The programme was coordinated by the European Commission Health and Consumer Protection Directorate-General
2005-2006	Member of the research team of the Greek participation in the transnational research programme “European Union Monitoring and Advocacy Programme: Rights of People with Intellectual Disabilities – Access to Education and Employment” (2005-2006).
2002 – 2004	Member of the Interdisciplinary Group, as coordinator of the sub-programme “Development of Activities Promoting Psychosocial Health in the Muslim Minority Schools of the Regions of Xanthi and Rodopi” within the framework of the programme “Education of Muslim children”, Athens University (Ministry of Education, Operational Programme for Education and Initial Vocational Training).
1998-2000	Member of the research team of the Greek participation in the transnational research programme “Icarus Project: Professional intervention for mentally ill parents and their children – Building a European model” (1998-2000).
1993 - 1996	Head of the Intervention Group within the framework of “The Leros PIKPA Asylum Deinstitutionalisation and Rehabilitation Project”, implemented by the Association for the Psychosocial Health of Children and Adolescents (A.P.H.C.A.).

1991 - 1993	Member of the Intervention Group within the framework of “The Leros PIKPA Asylum Deinstitutionalisation and Rehabilitation Project”, implemented by the Association for the Psychosocial Health of Children and Adolescents (A.P.H.C.A.).
-------------	---

INDICATIVE PUBLICATIONS

A. Monography, Reports and Books

1. Asimopoulos, Ch. and Bistas J. (2021) *Outreach Plan for receiving communities*, Technical support on the deinstitutionalisation process in Greece, Grant Agreement: SRSS/S2019/02, European Association of Service providers for Persons with Disabilities (EASPD), Brussels.
2. Asimopoulos, Ch. (2016) *Roma and vulnerable groups social support policies report of the Western Attica regional unit*, Action research program of Roma psychosocial needs of Western Attika and good practices for support and promotion of their social inclusion, Technological Educational Institute of Athens, Athens.
3. Asimopoulos, Ch. (2016) *Attitudes of healthcare staff, teachers and personnel of the organizations and local authorities of Western Attica toward Roma people*, Report, Action research program of Roma psychosocial needs of Western Attika and good practices for support and promotion of their social inclusion, Technological Educational Institute of Athens, Athens.
4. Asimopoulos, Ch. (2015) *Homelessness in Greece: Causative factors, psychosocial impact, prevention and response public policies*, Report, Technological Educational Institute of Athens, Athens.
5. Asimopoulos, Ch. (2008) *The psychiatric hospital everyday life: Institutional abuse and neglect*, Kastaniotis Editions, Athens.
6. Tsiantis, J., Asimopoulos, Ch., Diareme, S., Giannakopoulou, D., Kolaitis, G., Kouri, G., Soumaki, Eu., Thiveos, K. and Zaharias, Ev. (2006) *Rights of people with intellectual disabilities: Access to education and employment-Monitoring Report-Greece*, Open Society Institute, Budapest.

B. Articles

1. Martinaki, S., Kostaras, P., Mihajlovic, N., Papaioannou, A., Asimopoulos, C., Masdrakis, V., Angelopoulos, E. (2021) Psychiatric admission as a risk factor for posttraumatic stress disorder, *Psychiatry Research*, 305, DOI: 10.1016/j.psychres.2021.114176
2. Kostaras, P., Martinaki, S., Asimopoulos, Ch., Maltezou, M., & Papageorgiou, Ch. (2020) The use of the Symptom Checklist 90-R in exploring the factor structure of mental disorders and the neglected fact of comorbidity, *Psychiatry Research*, 294, DOI: 10.1016/j.psychres.2020.113522

3. Asimopoulos, Ch., Martinaki, S., & Papaioannou, A. (2020). Correlation between emotional intelligence and problem-solving skills of greek social work students, *Comunitania: International Journal of Social Work and Social Sciences*, 20, 33-49.
4. Asimopoulos, Ch., & Martinaki, S. (2019). An investigation into social work students' attitudes towards people with mental illness in Greece. *International Journal of Culture and Mental Health*, 11(1), 1-11.
5. Asimopoulos, Ch., Martinaki, S., Kontogianni, E., & Kompoti, D. (2019). Public services employees' attitudes towards Roma in Greece: The need for a social work response, *Journal of Sociology and Social Work*, 7(2), 105-114.
6. Asimopoulos, Ch. and Martinaki, S. (2018) An investigation into social work students' attitudes towards people with mental illness in Greece, *International Journal of Culture and Mental Health*, 4(11), 220-228.
7. Martinaki, S., Papaioanou, A., and Asimopoulos, Ch. (2017) Forensic social work, *Archives of Hellenic Medicine*, 34():1–9.
8. Asimopoulos, Ch. and Teloni, D.D. (2017) Social work and the psychosocial effects of the economic crisis in Greece: Challenges for new radical directions in services, theory and values. *Comunitania- International Journal of Social Work and Social Sciences*, 13: 10-22.
9. Asimopoulos, Ch., Martinaki, S., Asimopoulou-Marinou, A. (2015) Homelessness in Greece: Causative factors, psychosocial impact, prevention and response public policies, *Kinoniki Ergasia (Greek Journal of Social Work)*, 117: 46-66.
10. Tsiantis, A.C., Beratis, I.N., Syngelaki, E.M., Stefanakou, A., Asimopoulos, Ch., Sideridis, G.D. and Tsiantis, J. (2014) The Effects of a Clinical Prevention Program on Bullying, Victimization, and Attitudes toward School of Elementary School Students, *Behavioral Disorders*, 38 (4)
11. Asimopoulos, Ch. (2014) Social work and bullying at school, *Kinoniki Ergasia (Greek Journal of Social Work)*, 113: 1-22.
12. Asimopoulos, Ch., Bibou-Nakou, I., Hatzipemou, Th., Soumaki, Eu. and Tsiantis, J. (2013) An investigation into students' and teachers' knowledge, attitudes and beliefs about bullying in Greek primary schools, *The International Journal of Mental Health Promotion*, <http://dx.doi.org/10.1080/14623730.2013.857823>
13. Bibou-Nakou, I., Asimopoulos, Ch., Hatzipemou, Th., Soumaki, Eu. and Tsiantis, J. (2013) Bullying in Greek secondary schools: prevalence and profile of bullying practices, *The International Journal of Mental Health Promotion*, <http://dx.doi.org/10.1080/14623730.2013.857824>
14. Tsiantis, A. C., Beratis, I. N., Syngelaki, E. M., Stefanakou, A., Asimopoulos, Ch., Sideridis, G. D. and Tsiantis, J. (2013) The effects of a clinical prevention program on bullying, victimization and attitudes toward school of elementary school students, *Behavioral Disorders*, 38 (4).

15. Tsiantis, A. C., Syngelaki, E. M., Beratis, I. N., Asimopoulos, Ch., Dimitropoulou, E. and Tsiantis, J. (2013) Antibullying programs for primary and secondary education in Greece, *European Child and Adolescent Psychiatry*, 22 (Suppl. 2): 135-136.
16. Bibou-Nakou, I., Tsiantis, J., Assimopoulos, H. and Chatzilambou, P. (2012) Bullying/victimization from a family perspective: A qualitative study of secondary school students' views, *European Journal of Psychology Education* DOI 10.1007/s10212-011-0101-6
17. Giannakopoulos, G., Assimopoulos, H., Petanidou, D., Tzavara, Ch., Kolaitis, G. and Tsiantis, J. (2012) Effectiveness of a school-based intervention for enhancing adolescents' positive attitudes towards people with mental illness, *Mental Illness*, 4: 79-83.
18. Bibou-Nakou, I., Tsiantis, J., Assimopoulos, H., Chatzilambou, P. and Giannakopoulou, D. (2012) School factors related to bullying: a qualitative study of early adolescent students, *Social Psychology Education*, 15: 125-145.
19. Kolaitis, G., Giannakopoulos, G., Mihas, C., Moulla, V., Ntre, V., Sotiropoulou, E., Pafli, K., Argyrou, K., Kotsirilou, K., Leventakou, V., Assimopoulos, H., Tsiantis, J., Tomaras, V. and Tzavara, Ch. (2011) Symptoms of posttraumatic stress, depression and anxiety among youths exposed to a massive fire disaster in Greece, *British Journal of Medicine and Medical Research*, 1(4): 320-332.
20. Assimopoulos, H., Yanakopoulou, D., Hatzipemou, Th., Vassilakaki, E., Tsiantis, J. and Fissas, K. (2011) Bullying at school: The development of a training manual for teachers, *European Child and Adolescent Psychiatry*, 20 (Suppl. 1): 105-106.
21. Kolaitis, G., Fissas, K., Christogiorgos, S., Asimopoulos, H. and Tsiantis, J. (2010) Patterns of child and adolescent mental health care in Greece, *The International Journal of Mental Health Promotion*, 12(4): 58-64.
22. Assimopoulos, H., Apostolopoulou, A., Varvaresou, X., Vassilikopoulos, A., Tsalamani, Em. & Flios, A. (2007) Adolescents' attitudes towards the mentally ill and the psychiatric care reform, *Tetradia Psychiatrikis*, 99: 13-30.
23. Assimopoulos, H. (2006) From prejudice to social exclusion: Local communities' reaction to psychiatric care reform, *Kinoniki Ergasia*, 84: 225-240.
24. Assimopoulos, H., Kolaitis, G., Kouri, G., Zaharias, E., Thiveos, K. & Tsiantis, J. (2006) Rights of people with intellectual disabilities in Greece: Access to education and employment in Greece, *Tetradia Psychiatrikis*, 96: 149-158.
25. Assimopoulos, H. (1998) Reform, developments and prevailing trends in mental health care in Greece, *Social Work in Europe*, 5 (1): 41-48.
26. Tsiantis, J., Kordoutis, P., Kolaitis, G., Perakis, A. & Assimopoulos, H. (1995) The psychosocial dynamics of change at Leros PIKPA, *British Journal of Psychiatry*, 167-Supplement 28: 46-55.

27. Soultani, E., Zaharias, B., Assimopoulos, H. (1992) Socialisation and rehabilitation activities for chronic asylum patients in the Leros PIKPA KEPEP, *Kinoniki Ergasia* , 25: 41-50.

C. Chapters

1. Bertotti, T., Di Rosa, R.T., & Assimopoulos, Ch. (in print) Child protection in Mediterranean countries: Italy and Greece. In: N. Gilbert, M. Skiveness, & J. D. Berrick, (eds.) *International Handbook of Child Protection Systems*. Oxford: International Policy Exchange.
2. Gouga, G., Martinaki, S. & Assimopoulos, C. (2020). Prejudices, social change, and diversity: Theoretical insights and research findings under review. In B. Krzywosz-Rynkiewicz & V. Zorbas (Eds.), *Citizenship at a Crossroads: Rights, Identity, and Education* (pp. 254 - 262). Prague, CZ: Charles University and Children's Identity and Citizenship European Association. ISBN: 978-80-7603-104-3.
3. Assimopoulos, H. (2007) *Psychosocial rehabilitation of children and adolescents with mental health problems in Greece: Necessity, Current situation, Trends*. In Christogiorgos, S. (ed.) *Topics on psychosocial and psychodynamic child psychiatry*, Kastaniotis editions, Athens.
4. Tsiantis, J., Assimopoulos, H., Haritaki, S. & Hatzipemos, Th. (2007) *Activities for the promotion of mental health in the Muslim minority schools of Thrace*. In Fragoudaki, A. & Dragona, Th.(ed.) *Addition, not subtraction,. Multiplication, not division: A reform intervention in education. The case of the minority in Thrace*, Metaichmio Publications, Athens.
5. Assimopoulos, H. & Tsiantis, J. (1995) *Short-, medium- and long-term planning and suggestions for the development of services and the operation of the Department for People with Special Needs (ex PIKPA) of the Public Leros Therapeutic Clinic-Final intervention report (1991-1995)*. In Tsiantis, J. (ed.) *The children of Leros PIKPA*, Kastaniotis Editions, Athens.
6. Tsiantis, J., Assimopoulos, H., Kordoutis, P., Kolaitis, G. & Perakis, A. (1995) *Resistance to institutional change: The psychosocial dynamics of the intervention effort in Leros PIKPA Asylum*. In Tsiantis, J. (ed.) *The children of Leros PIKPA*, Kastaniotis Editions, Athens.

D. Manuals

1. Assimopoulos, Ch., Vassilakaki, E., Yannakopoulou, D., Beratis, I., Papadopoulou, K., Fissas, K., & Hatzipemou, Th. (ed. J. Tsiantis) (2010). *Teacher manual: Class activity program for the prevention of school bullying*. Athens: Association for the Psychosocial Health of Children and Adolescents. [ISBN: 978-960-99713-1-7]
2. Tsiantis, J., Assimopoulos, H., Diareme, S., Giannakopoulou, D., Kolaitis, G., Kouri, G., Soumaki, Eu., Thiveos, K. and Zaharias, Ev. (2006) *Rights of people with intellectual*

disabilities: Access to education and employment-Monitoring Report-Greece, *Open Society Institute*, Budapest.

3. Tsiantis, J., Assimopoulos, H. & Palli, A. (2004) A guide to the organisation and operation of psychiatry and child psychiatry departments in General Hospitals, *University Mental Health Research Institute*, Athens.
4. Tsiantis, J. & Assimopoulos, H. (2003) A.P.H.C.A.: The work of a non governmental organisation for the psychosocial health of children and adolescents, *Publication produced by the Association for the Psychosocial Health of Children and Adolescents (A.P.H.C.A.)*, Athens.
5. Assimopoulos, H., Zaharias, Eu., Papageorgiou, A., Gratsani, S. & Konstandopoulou, Ek. (2000) A guide to the integration of the new psychosocial rehabilitation structures in the community, *University Mental Health Research Institute*, Athens.